

Sport at Loyola College 2022





Loyola College

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Dear Parents and Guardians,

2022 promises to be a very exciting year in Sport at Loyola College. The College invests a great deal of time and resources into running a successful sporting program. We are committed to increasing the physical activity of our students and value the positive influence participating in sport has on our students, such as the development of decision making, improved standards of behaviour, discipline and building quality teamwork.

In order for our sporting program to be successful and run efficiently, we require the support of parents and guardians. This includes ensuring your child attends training, matches and other competition days. In support of this, families are requested not to organise medical/work appointments to coincide with sporting commitments as these will not be accepted as a reason for your son/daughters inability to attend sport.

An ACS Fixture (correct at the time of printing) is also available published and sent to Parents in February and is a great reference to keep readily available.

Support for your child also means ensuring that the correct uniform and protective gear is worn. There are more details about equipment and uniform in this booklet. I strongly encourage all parents and guardians to view sport at Loyola as an integral part of your child's education. Regular updates about all sports will be included in our fortnightly Ignatian. Any additional information can be obtained from the Director of Sport, Ms Jacqueline Wade on 9433 0238 or via email at wadej@loyola.vic.edu.au.

Yours sincerely,

A handwritten signature in cursive script that reads "J. Favrin".

Joseph Favrin
Principal

Sport at Loyola

Our sporting programme includes ACS Sport (Association of Co-educational Schools), a number of other State-wide Competitions, LCS Training Squad and various intra school House competitions. **Participation in sport is compulsory for all students in Years 7 to 11.**

The objective of the sports program is to provide opportunities for skill and fitness development for all Loyola students. In addition, the programme is a platform to demonstrate, develop and reinforce the values of accompaniment, companionship, collaboration and acting with conscience within our student body. In this way, Sport is a crucial vehicle for the school's core Ignatian tradition to develop 'the whole person'.

For many of our students, the sporting arena will be a place where these values are witnessed and called upon in an obvious and transparent fashion.

ACS (Inter-school) Sport

Loyola is a member of the Association of Co-educational Schools (ACS) competing weekly against Westbourne Grammar (Truganina); St Leonard's College (Brighton); St Michael's Grammar School (St Kilda); Overnewton College (Keilor). Beaconhills College also competes in the ACS Sport Carnivals for Swimming, Athletics, and Cross-Country. The Association was formed in October 1997. The main aim of the Association is to raise the standard of sport played in the schools and to provide a quality sporting competition for all students involved. Players, coaches, and schools are required to follow a code of ethics relating to uniforms, sportsmanship, co-education, and enthusiasm for the association.

All students in Years 7 to 11 are required to be associated in some way with an ACS Sport as a member of an ACS Squad. Consequently, each student will be required to be able and available to play in an ACS Team. The ACS Teams will be selected from the ACS Squads. Only the ACS Team will represent the College against another ACS School on ACS Match Days. Students not selected in ACS Teams will be placed in a Loyola College (LCS) Training squad aligned to their ACS Sport.

Loyola College requires that students be available to represent the College in weekly sporting matches and attend their scheduled training sessions. In addition, when selected, students are required to compete for the College in ACS Carnivals – athletics, swimming, and cross country. Students are free to select the Summer and Winter Sport of their choice and can apply for transfers every 12 months. However, transfers are only granted if enrolment numbers in that sport allow, and the student will be playing in a comparable standard team in their new sport. Where a student is identified as particularly talented in a sport it is expected that the student will represent the College in that sport or will play for a Loyola team of comparable standard (e.g., a 1sts or A level team) in another sport. This applies similarly to all new students enrolled at the College in other year levels. Any requests for short-term exemptions from ACS Sport commitments must be made in advance in writing to the Director Sport and final approval of these requests is always subject to the discretion of the Director of Sport, acting on behalf of the principal.

There are set days for playing in ACS matches and for training (once a week). All members of an ACS squad are required to attend training and match day competitions. Generally, there are 4 match days and a similar number of after school training sessions each Term. Sanctions apply if students do not attend training without following the correct procedures.

<u>Year Level</u>	<u>Game/Competition</u>	<u>Training</u>
Year 7	Tuesday	Thursday after school 3:30 – 4:45pm
Year 8&9 (Intermediate)	Thursday	Monday or Tuesday after school 3.30 – 4.45pm
Year 10 / Senior	Wednesday	Monday or Tuesday after school 3.30 – 4.45pm

Training is a **compulsory component** of all sports at the College. Failure to attend training will result in **consequences including detentions**, depending on the circumstances or frequency of absence.

ACS training and match afternoons are part of the timetabled requirement and are therefore part of the official school day. In order to assist the College to meet its obligations in fielding teams, as well as in

the interest of team spirit and skill preparation, the College has a policy that no medical or other appointments should be made on a student's ACS day. The support of parents and guardians in applying this policy is expected and is a required component of the success of the programme. Sanctions in the form of detentions will be issued if this aspect of the sporting policy is breached.

ACS Sports include:

Girls (Years 7-12)		Boys (Years 7-12)	
Summer	Winter	Summer	Winter
Soccer	Basketball	Basketball	Football
Softball	Hockey	Cricket	Soccer
Tennis	Netball	Hockey	Tennis
Volleyball	Table Tennis	Softball	Volleyball
	Football	Table Tennis	
	Futsal (Senior)	Futsal (Senior)	

Years 7-12 Mixed	
Summer	Touch Rugby
Winter	Badminton

All ACS games start at 2:30pm (Cricket starts at 2pm) and finish at 4:00pm. Home games are played either on the Loyola campus or at local venues. **Home** games will require the students to leave the College by 1:45pm and return by 4.20pm.

In general, **away** games leave the College no later than 1:20pm and return by approximately 5:00pm. (5.30pm from St. Leonard's). At times squads may return late due to traffic or other transport issues.

Loyola College Training Squad

LCS Training squad will run concurrently with ACS. In 2021 this will involve Years 7-11. LCS will involve a program which is physically active, stimulating, and enjoyable and will take place on the same afternoons as Inter-school Sport. Students will be training onsite when possible or at local venues. LCS exists to provide an opportunity for students not selected in ACS teams to participate in organised sport and physical activity. LCS sessions for **Years 7 – 11 will end at 3:15pm**.

Intra School House Competition

The College runs three major whole school sporting events. These are House Swimming, House Athletics and House Cross Country. The first two events are compulsory for all students, with some element of choice available for Cross Country competition. However, it must be noted that performance at these events will influence selection for other school representation such as ACS Swimming, Athletics, Cross Country or State and National Competitions. Once again, these events form part of the timetabled curriculum and are therefore part of the official school day where student attendance is compulsory. There will also be other afternoons for House Competition within the various year levels. As these competitions take place during the normal course of the day all students in Years 7 to 12 will be expected to participate in some way.

Sports Uniform and Safety Equipment

On match days, all students should be correctly attired and neatly presented in the appropriate sports uniform. This includes wearing the College Cap during Term One and Four. Students should also provide their own sun protection lotion during all terms, but in particular Terms One and Four. Shade is limited at some venues, hence students should wear the College caps and regularly apply sun protection lotion.

It is expected that students will get changed into full sport uniform for afterschool training.

The following regulations apply to particular sports:

- In addition to the standard Loyola Sport Uniform, the College provides playing uniforms for Basketball, Cricket, Hockey, Futsal, Soccer, Touch Rugby, Volleyball, Football, Netball, Table Tennis (Seniors only), Tennis (Seniors only) & Softball (Seniors only), and all Carnival participants. These uniforms are to be maintained by students for the duration of the season. **The College has made a significant investment in these uniforms and it is vital that students are correctly attired in uniform for competition. Students who are issued with school owned uniforms by the Director of Sport must return the item by the set date or parents and guardians will be required to pay for replacement costs.**
- In addition to the above provisions, parents are required to support their child by providing the following additional items:
 - Hockey: Mouthguard* & Shin Pads
 - Football: Football Boots, Mouthguard*, White Football Shorts
 - Soccer: Football Boots & Shin Pads
 - Cricket: White Cricket Trousers

*Mouthguards are available from all sporting outlets for a minimal cost.
- Only appropriate footwear should be worn i.e., runners or boots appropriate to the sport being played that offer support for muscles and limbs and aid in player performance. Dunlop volleys, skate shoes and especially any type of slip-on shoes are not to be worn to school at any time. These types of footwear do not provide the correct level of tread and protection for students. They also create a potential hazard for other competitors.

Attendance

As previously stated, Sport is a valued part of the Loyola College Co-curriculum program. All of the sports are directed towards promoting teamwork, developing the character of the individual and promoting high standards of behaviour and discipline.

The College has developed a fair, yet rigorous, discipline policy in relation to absences from training, matches and sport carnivals. This is to encourage students to understand that, as a member of a team and as a member of the College Community, they have an obligation to be fair and responsible in relation to their commitments within the College. This includes all commitments, not just their preferred choices.

1. All team coaches will take a roll for each training and match session. The list of absentees will be checked by the Director of Sport against the list of students absent from school that day as well as those who have given prior reason via a note (see No. 3 below).
2. All students who are marked absent for the duration of the game or training, without reason will be issued an after-school detention or a Saturday detention by the Director of Sport.
3. The regulations for other forms of student absences are as follows:
 - a. **Appointments are not to be made for training or match times.** If such appointments are unavoidable (such as specialist appointments), they are usually made well in advance, meaning that a written note must be provided to the **Director of Sport at least 3 school days** prior to the day in question. The student must also provide a **Medical Certificate** to the Director of Sport upon their return.

- b. At least 24 hours' notice must be given through a parental or guardian note to the Director of Sport if exceptional circumstances (i.e., such as a severe injury) mean that a student is unable to train, play in a match or sport carnival.
 - c. If emergencies or unforeseen injuries occur the night before training, a match or a carnival, the student must provide a note to the Director of Sport by **9.00am on match day**. If the student is physically unable to attend school, parents or guardians are asked to contact the College and leave a message **directly with the Director of Sport no later than 9:00am on 9433 0238 or wadej@loyola.vic.edu.au**. Heads of House will not be issuing early leave passes on sport days.
4. The College has a policy that all **College commitments** must take priority over **outside activities**, including playing for community-based sporting clubs. However, the College does work closely with local clubs to ensure that the students involved are able to meet their commitments to both Loyola College and their club. Since College training finishes at 4:30pm and club training sessions do not usually start until 5:00pm, it is usually possible to arrange attendance at both.

Experience has shown that clubs are more than willing for students to arrive late to their training sessions from College commitments if they are made aware of the situation. The Director of Sport will liaise with any club on behalf of a particular student, if requested.

5. It is the obligation of any student who feels that they are unable to attend training or get there on time to see their coach and the Director of Sport at the start of training for the season in question. A note from a parent or guardian explaining the situation needs to be provided. The decision made by the Director of Sport (which may involve some form of compromise) will be passed on to the coach.
6. Students who are being collected from or remaining at the Sporting venues must provide a **written permission note** signed by a parent or guardian to the **Director of Sport** by the end of recess on the day. Students who **do not have** a note will need to return to the College with their squad.

Sporting Achievements

Significant sporting achievements will be acknowledged at the Annual College Awards evening in Term Four. There will also be opportunities for students to be selected in ACS representative teams. Some sporting achievements will be acknowledged at the various College and School Assemblies held throughout the year. At the conclusion of each year there will be a Sports Presentation Afternoon, whereby individual awards will be presented within each of the specific sports. The dates of these events have been included in the fixtures.

Communication

Regular Updates about Sport will be published by the Director of Sport outlining training, weekly fixtures and any changes to student return times to the College. There will also be fortnightly information published in the Ignatian, which can be accessed via the College website www.loyola.vic.edu.au. Any further information can be sought by speaking directly to the Director of Sport on 9433 0238 or via the LMS.

Key Contacts

College Reception		9434 4466
Director of Sport	Ms Jacqueline Wade	9433 0238
Sports Administrator	Mr Alex Bergantino	9433 0706
Head of Co-Curriculum	Mrs Lauren Hartigan	9433 0231
Deputy Principal – Students	Mrs Anna Salmic	9433 0262
Deputy Principal – Staff	Mrs Alison Leutchford	9433 0225

Staffing / Supervision

Some sporting teams will be trained and or coached by Loyola teaching staff. However, the College will often employ external specialist coaches or sessional coaches to train and coach teams. At all times, the

College will maintain its high standards regarding the supervision, care, and behaviour of our students. Sessional staff will all have a Working with Children Card. Student behaviour and interaction with sessional coaches must be as per our usual teaching staff.

Sporting Code of Ethics

- The highest standards of sportsmanship will be observed at all times
- Excessive congratulations of one's teammates during the game is to be avoided.
- Verbal and physical harassment of opposing players is not permitted.
- Bad language, abuse and/or poor sportsmanship will result in the player being removed from the ground, as per the rules of each sport.
- Uniform, correct in every detail, will be worn by players.
- Whites must be worn for cricket.
- Players will applaud good play by either side.
- No arguing with, or rudeness towards the umpire or referee will be permitted.
- Players may not enter into unnecessary dialogue with spectators.
- Players will greet their opponents at the commencement of the game, give three cheers for their opponents at the end, and appropriately farewell them.
- Loyola College rules and regulations pertaining to students will be followed, including students not being permitted to eat whilst travelling on buses.

Sport Injury Protocol

Major Accidents or Injuries

In the event that a serious injury takes place during a sporting match or training, where medical assistance is required, the supervising coach will follow the following protocol:

- Call for an ambulance
- The coach is to use any first aid experience that has been acquired until the ambulance arrives. This may include keeping the student in the recovery position, or stable or just making sure that he/she remains warm.
- The Coach will inform school about what has taken place so that a parent or guardian can be contacted. The parent/guardian is given information regarding the accident and informed that an ambulance has been called. The Director of Sport is also informed.
- Once the ambulance arrives, the paramedics will examine the student and then inform the coach of any hospitalisation. The coach must inform the College.
- Upon returning to the College, the coach will fill in an accident form which will be duplicated for the relevant Head of House, Deputy Principal - Staff and Operations and Deputy Principal - Students, Director of Sport and Head of Co-curriculum. The Director of Sport will then follow up the accident by contacting the student's family. The Director of Sport will also issue a report to the Deputy Principal - Staff and Operations and the Deputy Principal - Students.

Minor Accidents or Injuries

In the event that a minor injury takes place during a sporting match or training, such as bruising or abrasions, which do not require trained medical assistance, the supervising coach will follow the following protocols:

- Treat the injury with icepacks, tape, Band-Aids as required using the squad's first aid kit, and any first aid experience that has been acquired.
- Monitor the student for the rest of the match or session
- Upon returning to the College, inform the Director of Sport, who will make contact with the parents, if deemed necessary.
- Fill in the injury section that forms part of the sports match report and give to Director of Sport.

The Director of Sport will maintain a record of such injuries on a database. Depending on the nature of the injury, the Director of Sport will also contact the student and/or family to check on the progress of the

injury. No matter how minor the injury appears to be, parents are advised to check their child on returning home and seek further medical advice, if they believe it to be necessary.

**Please complete the associated
Medical and Consent Forms prior to the
commencement of the 2022 School Year.**

